

**CHOICE BASED CREDIT SYSTEM****M.Sc. PSYCHOLOGY FOURTH SEMESTER DEGREE EXAMINATION MAY 2025****AREAS OF COUNSELLING****Duration:3 Hours****Max Marks:70****I. Answer any SIX of the following :****(6×2= 12 Marks)**

- a) What is systemic approach?
- b) What is meant by mental obsession?
- c) What is traumatic bereavement?
- d) List the benefits of Stress Inoculation Therapy in counselling the victims of abuse
- e) Identify any two reasons of Krumboltz's Social Learning Theory to use in the career counselling.
- f) What are the non verbal signs that a person with suicidal thoughts exhibits?
- g) Mention the benefits of Journaling in couple counselling.
- h) Distinguish between misuse and abuse of drugs.

**II. Answer any TWO of the following :****(2×8= 16 Marks)**

- 2) Examine the challenging situations during abortion counselling.
- 3) How is aging related to loss of self?
- 4) As career counsellors, how do you educate a client using Super's model of Career Development.

**III. Answer the following questions :****(3×14= 42 Marks)**

- 5) a) Compare and contrast PAIRS and solution focused therapy in pre-marital counselling.

**(OR)**

- b) CONTAD works in relapse prevention. Explain.

- 6) a) Develop a counselling intervention plan for the family who has a member living with HIV/AIDS.

**(OR)**

- b) Expound the different types of harassment.

- 7) a) Critically analyse gender discrimination that takes place at work.

**(OR)**

- b) Analyse the nature of cohabitation and its effects on children.

## CHOICE BASED CREDIT SYSTEM

M.Sc. PSYCHOLOGY FOURTH SEMESTER DEGREE EXAMINATION MAY 2025

## PSYCHOPATHOLOGY - II

Duration: 3 Hours

Max Marks: 70

## I. Answer any SIX of the following :

(6×2= 12 Marks)

- a) What are the specifiers to remember while screening individual with Opioid Intoxication?
- b) Restate the prognosis of Childhood Disintegrative Disorder.
- c) State any psychological causes for Rumination Disorder in children.
- d) What are the associative features for Depressive Disorders?
- e) What is Phonological Awareness?
- f) What are the prognostic features of Speech Sound Disorders?
- g) Mention the diagnostic features of Rett's Disorder.
- h) Distinguish Social Anxiety and Introvert.

## II. Answer any TWO of the following :

(2×8= 16 Marks)

2. Explain the diagnostic criteria of Attention Deficit Hyperactive Disorder with its associated features.
3. Raman, a 15-year-old boy had been consuming foam rubber since he was around 6 years of age. He primarily chewed the rubber found from furniture, and mattresses, ironing-board pads. He was embarrassed by the behavior, but he was interested in stopping the behavior. Along with this, the patient also had a history of asthma, and a reading disorder.
  - A) Explain the disorder from the given case.
  - B) Explain any one psychosocial treatment approach for this case.
4. Reflect on the increased rate of Tobacco Use in youth today.

## III. Answer the following questions :

(3×14= 42 Marks)

5. a) Tobacco Withdrawal Symptoms Mediate Motivation to Reinstate Smoking During Abstinence. Reflect.

(OR)

- b) Illustrate a case of Pervasive Developmental Disorder- Not Otherwise Specified (PDD-NOS).

6. a) Most Children will respond to behavior modification interventions. Highlight how behavior modification Interventions work for childhood disorders.

(OR)

- b) Explain the diagnostic criteria, associated features, and prognosis of Disruptive Mood Dysregulation Disorder.

7. a) Explain the Diagnostic Criteria and Psychological Features associated with GAD.

(OR)

- b) Critically examine the role of psychological and biological factors in the development of a Depressive Disorder.

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**CHOICE BASED CREDIT SYSTEM****M.Sc. PSYCHOLOGY FOURTH SEMESTER DEGREE EXAMINATION MAY 2025****Behaviour Modification****Duration: 3 Hours****Max Marks: 70****I. Answer any SIX of the following :****(6×2= 12 Marks)**

- a) Distinguish between Behavioural Checklist and Rating Scale.
- b) Mention the prerequisites of Yoga.
- c) Cite an example where Shaping can be applied.
- d) What is Motivational Interviewing?
- e) Cite an example of Verbal Model.
- f) What are Behaviour Excess? Cite examples.
- g) List the four steps in Social Learning Theory.
- h) Distinguish between Conditioned and Unconditioned Reinforcers.

**II. Answer any TWO of the following :****(2×8= 16 Marks)**

- 2) Examine the strategies to Cope with emotions.
- 3) Examine the applications of Flooding Technique.
- 4) Demonstrate how Home Work Assignments and Corrective Feedback help in building Assertiveness.

**III. Answer the following questions :****(3×14= 42 Marks)**

- 5) a) Examine the Do's and Don't's in the professional practice of Behaviour Therapy.

(OR)

- b) What is Systematic Desensitization? Explain the steps and procedure involved.

- 6) a) Justify the need to have Contingency Contract while working with clients.

(OR)

- b) Elucidate the steps in Self Management Plan.

- 7) a) Demonstrate the procedure of MET.

(OR)

- b) Explain how the principles of Classical and Operant Conditioning are used in Behavioural Theory.

## CHOICE BASED CREDIT SYSTEM

M.Sc. PSYCHOLOGY FOURTH SEMESTER DEGREE EXAMINATION MAY 2025

Group and Family Intervention

Duration:3 Hours

Max Marks:70

I. Answer any SIX of the following :

(6×2= 12 Marks)

- a) What is Conscious Raising Group?
- b) Define Pacing.
- c) What is a Transaction in Transactional Analysis?
- d) What is Conflict in Family Communication?
- e) Write the ways to deal with Power in a Family.
- f) What happens when you use Miracle Questioning?
- g) Write about Referential Power.
- h) What are Experiments in Gestalt Therapy?

II. Answer any TWO of the following :

(2×8= 16 Marks)

2. Define and give an example for Group Counselling.
3. Examine the Evaluation Interview and Genogram used in Bowen's Intergenerational Therapy.
4. Examine the importance of using the Identifying Non-Verbal Behaviours and Eliciting Alternatives.

III. Answer the following questions :

(3×14= 42 Marks)

5. a) Elaborate on the features of Stage One and Two of Group Therapy.

(OR)

- b) Describe the nature of the skills, Negotiations, Modeling, Rewarding, and Mediating in group session.
6. a) Write a note on the key concepts of the Psychoanalytic Approach in groups.

(OR)

- b) Analyse and comment on the Types of Families and characteristics of Indian Families.

7. a) What did you understand by the Humanistic Approach to Family Therapy?

(OR)

b) How do you use Stress Management and Mindfulness in Cognitive Behaviour Group Therapy?

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