

**CHOICE BASED CREDIT SYSTEM****M.Sc. PSYCHOLOGY FOURTH SEMESTER DEGREE EXAMINATION MAY 2024****AREAS OF COUNSELLING****Duration:3 Hours****Max Marks:70****I. Answer any SIX of the following :****(6×2= 12 Marks)**

- a) What are Scaling Questions?
- b) What is Individual Family Counselling in Rehabilitation?
- c) What is Shrinking Circle Stage?
- d) State the emotional and behavioural symptoms seen in a woman with Premenstrual Tension.
- e) Mention the importance of Roe's Theory for Career Development.
- f) What are the stages of grief?
- g) Mention the goals of Vocational Counselling.
- h) What is POSH Act?

**II. Answer any TWO of the following :****(2×8= 16 Marks)**

2. Explain the role of a counsellor in the rehabilitation of criminals.
3. Describe the modified SAD Persons Scale. Write the benefit of No Suicide Contract Form.
4. Although we are in the era of modernization, the discrimination in career opportunities still exist in the society. Evaluate.

**III. Answer the following questions :****(3×14= 42 Marks)**

5. a) Distinguish between any 3 approaches to family counselling.

**(OR)**

- b) How does craving leads to alcoholism? Implement a counselling intervention to cope with craving.

6. a) Apply the model of Crisis Intervention to help a Child who has been through a heavy landslide.

(OR)

- b) Examine the effective counselling approach for a woman with infertility issues.

7. a) Evaluate the factors affecting Career Development with suitable examples.

(OR)

- b) Expound the treatment methods that can be used on rape victims.

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19MPSYH402

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**CHOICE BASED CREDIT, SYSTEM**

**M.Sc. PSYCHOLOGY FOURTH SEMESTER DEGREE EXAMINATION MAY 2024**

**PSYCHOPATHOLOGY - II**

**Duration: 3 Hours**

**Max Marks: 70**

**I. Answer any SIX of the following :**

**(6×2= 12 Marks)**

- a) What are the symptoms of Opioid Withdrawal Disorder?
- b) Identify two brain mechanisms related to maladaptive behavioral in Attention Deficit Hyperactivity Disorder.
- c) What is a Provisional Tic Disorder?
- d) What are the prognostic features of Conduct Disorder-?
- e) The signs and symptoms of Dyslexia differ from person to person. Mention any four symptoms.
- f) Mention the clinical features of Major Depressive Disorder in adolescents.
- g) What are the symptoms seen in Dyslexia?
- h) What are the core diagnostic features of Language Disorders?

**II. Answer any TWO of the following :**

**(2×8= 16 Marks)**

2. Explain the biological and psychological causes of Rumination Disorder.
3. Explain the prevalence of age, culture, and gender on Persistent Depressive Disorder.
4. Review the biological cause of Opioid Use disorders.

**III. Answer the following questions :**

**(3×14= 42 Marks)**

5. a) Develop a Psychoeducation Module for college students to prevent Tobacco Use.

(OR)

- b) Differentiate Autism, Childhood Disintegrative disorder, and Asperger's Syndrome.

6. a) Encopresis can be very frustrating for parents and embarrassing for children. Given how emotionally charged this can be, what steps would you recommend for parents to eliminate Encopresis?

(OR)

b) Mary, age 7, the behavior was also coupled with increasingly defiant behavior at home and frequent temper tantrums. When asked about recent stressors, the patient's mother revealed that her husband was geographically separated from them and the patient's controlling and defiant behavior started soon after her father moved to another state. One month after starting preschool, Mary began to demonstrate her withholding behavior. Arguments with the patient's mother would frequently escalate to a temper tantrum in which the patient would throw her toys. She was verbally excellent, who had many friends in the neighbourhood and at school. The patient's mother denied any separation problems when the patient was dropped off at school each day. Mary's mother reported that she was inconsistent in responding to Mary's wishes.

A) Bring out the two psychological theories to explain the causes factors using a theoretical perspective.

B) Hypothetically design therapeutic management for the given case.

7. a) Ananth, a Nine-year-old boy, describes having excessive worries related to something happening to his family, death, Earth being sucked into a black hole, criminals harming someone in the family, and separating from parents when going to school. He worried that other children did not like him and that he would not do a good job on tasks. Symptoms first appeared at age Seven years. His worries appeared clearly uncontrollable to his mother. Physical symptoms present during periods of worry included difficulty concentrating. The functional impairment was endorsed in the parental relationship.

A) Bring out any two psychological causes using theoretical explanation and develop a treatment for Ananth's condition.

(OR)

b) Illustrate any behavior modification techniques to improve adaptive functioning for Asperger's Disorder.

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## CHOICE BASED CREDIT SYSTEM

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## Behaviour Modification

Duration:3 Hours

Max Marks:70

**I. Answer any SIX of the following :****(6×2= 12 Marks)**

- a) What is Observer Bias?
- b) Mention the limitations of Autogenic Training.
- c) What is Fading? Cite examples.
- d) State three stages of Behavioural Assignments.
- e) Cite examples of Habit Behaviours.
- f) State the Law of Effect. Who is credited for its development?
- g) List the strategies of Self Control.
- h) Distinguish between Postive and Negative Punishment.

**II. Answer any TWO of the following :****(2×8= 16 Marks)**

2. Distinguish between Flooding and Implosion Therapy.
3. Describe the merits and demerits of Behavioural Approach.
4. Assertiveness is situation specific. Comment.

**III. Answer the following questions :****(3×14= 42 Marks)**

5. a) Examine the usefulness of Behaviour Modification Techniques in various facets of life.

(OR)

- b) Analyse the Applications of Bio-Feedback in treatment of Illness.

6. a) Enumerate the use of Schedules of Reinforcement in an Organisation Sector.

(OR)

- b) Explain the applications of Assertiveness Training in various situations/settings.

7. a) Elaborate the steps involved in EMDR .

(OR)

- b) Analyse the theoretical assumption of Modelling and explain the implications of Modelling in Educational Settings.

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**CHOICE BASED CREDIT SYSTEM**

**M.Sc. PSYCHOLOGY FOURTH SEMESTER DEGREE EXAMINATION MAY 2024**

**Group and Family Intervention**

**Duration:3 Hours**

**Max Marks:70**

**I. Answer any SIX of the following :**

**(6×2= 12 Marks)**

- a) What is the Transition Stage of Group Counselling?
- b) Define Identifying Commonalities and Differences.
- c) Define Surplus Reality.
- d) What is Expert Power?
- e) What is the Differentiation of Self?
- f) Write any two methods to evaluate the group session.
- g) What is Placater Style of relating with family?
- h) What do you understand by Eliciting Alternatives in a Group Therapy?

**II. Answer any TWO of the following :**

**(2×8= 16 Marks)**

2. Write a note on the Structured Group and Group Counselling .
3. Examine the importance of using the Identifying Group Goals and Needs and Eliciting Group Response.
4. Analyse and comment on the Types of Families.

**III. Answer the following questions :**

**(3×14= 42 Marks)**

5. a) Critically examine the nature of Stage One and Two of Group Therapy.

(OR)

- b) Describe the nature of the skills, Negotiations, Modelling, Rewarding, and Mediating in group session.

6. a) Write a note on the key concepts of Cognitive Behaviour Group Therapy.

(OR)

- b) Critically examine the factors involved in Economic Resource Management.

7. a) What did you understand by the Approach of Strategic Therapy in helping a Family?

(OR)

b) Illustrate the difference between Group Counselling and Group Therapy. Discuss its application in Multicultural Settings.

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