

**CHOICE BASED CREDIT SYSTEM SEMESTER SCHEME**  
**B.A.B.Sc. FIFTH SEMESTER DEGREE EXAMINATION NOVEMBER/DECEMBER 2023**  
**PSYCHOLOGY**  
**Health Psychology**

**Time: 2 Hrs.****Max. Marks: 60****Answer any THREE of the following:****3×2=6**

1. Define Health.
2. What is meant by Substance Abuse?
3. What is a stressor?
4. What is meant by Acute Pain?
5. Mention the good Health Habits.

**Answer any FOUR of the following:****4× 6=24**

6. Explain briefly the Mind – Body relationship.
7. Explain the components of Health.
8. Discuss the symptoms and causes of Over Eating.
9. Explain different types of Drugs.
10. Briefly explain the causes and effects of Hypertension.
11. Write a short note on coping with Chronic Illness.

**Answer any THREE of the following:****3× 10=30**

12. Explain the need for Health Psychology.
13. Illustrate the Factors Predicting Adherence in detail.
14. Describe the Theory of Stress given by Selye.
15. Enumerate the Positive Psychological Intervention to manage stress.
16. Describe the Psychological Management of Terminally Ill.

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**Social Psychology**

**Time: 2 Hrs.****Max. Marks: 60****Answer any THREE of the following:****3×2=6**

1. Define Social Psychology.
2. What is Prejudice?
3. Define Schema with an example.
4. What is Social Loafing?
5. Mention Personal Determinants of Aggression.

**Answer any FOUR of the following:****4× 6=24**

6. Mention some Stereotypes with examples.
7. Explain the types and features of Anti-Social Behavior.
8. Outline methods to prevent and control Aggression.
9. How is Social Media impacting the Family Dynamics?
10. Discuss the application of Social Psychology in the Healthcare System.
11. Mention the techniques used to resolve Conflicts.

**Answer any THREE of the following:****3× 10=30**

12. Define Attribution. Explain Kelly's theory of Attribution.
13. Discuss the General Aggression Model.
14. Explain Darley and Latane's steps of an emergency.
15. Explain the conformity studies of Asch.
16. Elucidate the nature of violence and explain how violence can lead to social change.

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