

CHOICE BASED CREDIT SYSTEM

M.Sc. PSYCHOLOGY FIRST SEMESTER DEGREE EXAMINATION JANUARY 2023

Theories of Personality

Duration:3 Hours

Max Marks:70

I. Answer any SIX of the following : (6×2= 12 Marks)

- a). What are projective techniques?
- b). What are viscerogenic and psychogenic needs?
- c). What is proprium?
- d). Define Jonah complex.
- e). What is freezing?
- f). What is sensation seeking?
- g). What is Tyranny of shoulds?
- h). Rorschach Inkblot Technique.

II. Answer any TWO of the following: (2×8= 16 Marks)

- 2) Bring out the emergence of personality as an area of study during World War.
- 3) Write a note on rajasic and tamasic guna.
- 4) Explain the stages of personality development according to Cattell.

III. Answer the following questions : (3×14= 42 Marks)

- 5) a) Elaborate on Inferiority feelings. How does one compensate for those feelings of inferiority according to Adler?

(OR)

- b) Examine the methods of developing basic strength in each of the psychosocial stages.

- 6) a) Elaborate on self actualization and its characteristics. Discuss the factors that contribute to the failure to become self-actualizing according to Maslow.

(OR)

- b) Explain swabhaava. How does the veda explain personality?

- 7) a) Analyse the role of theories in the study of personality.

(OR)

- b) Elaborate on McClellands theory and discuss its limitations.

CHOICE BASED FIRST SEMESTER M.Sc. Psychology DEGREE EXAMINATION
JANUARY 2023
Cognitive Psychology

Duration:3 Hours

Max Marks:70

I. Answer any SIX of the following : (6×2= 12 Marks)

- a). State the advantages of feature analysis.
- b). What is Pollyanna Principle?
- c). Which part of the brain shows increased blood flow, when people engage in visual imagery tasks?
- d). What is Metacomprehension?
- e). State the uses of Cognitive Psychology in Neuroscience.
- f). Define Thinking.
- g). State two applications of Template Matching theory of Perception.
- h). What is Meta memory?

II. Answer any TWO of the following : (2×8= 16 Marks)

2. Do Visual cues Aid Speech Perception? Justify.
3. Distinguish between Selective and Divided Attention.
4. Bring out the differences between Semantic and Procedural Memory.

III. Answer the following questions : (3×14= 42 Marks)

- 5 a) Explain the nature of Top Down Process.
(OR)
b) Create a Memory Enhancement Module comprising for various techniques to Improve Memory.
- 6 a) Explain the characteristics of Images.
(OR)
b) Examine the researches on Bilingualism and restate in your own words its advantages and disadvantages.
- 7 a) What is Anchoring and Adjustment Heuristics and bring out its applications in daily life?
(OR)
b) Elucidate the factors that Influence Creativity.

CHOICE BASED CREDIT SYSTEM**M.Sc. PSYCHOLOGY FIRST SEMESTER DEGREE EXAMINATION JANUARY 2023****Research Methods****Duration:3 Hours****Max Marks:70****I. Answer any SIX of the following :****(6×2= 12 Marks)**

- a) Differentiate between a Variable and Construct with a suitable example.
- b) What is Skewness?
- c) Describe Cross-Sectional Research Design with suitable examples.
- d) Mention two similarities in qualitative and quantitative data analysis.
- e) What is an Abstract?
- f) Differentiate between Questionnaire and Opinionnaire.
- g) List the general procedures in Single Subject Experimental Research.
- h) What is Grounded Theory?

II. Answer any TWO of the following :**(2×8= 16 Marks)**

- 2) Discuss the characteristics of a good Research Hypothesis.
- 3) Compare Within Subjects and Between Subjects Research Design.
- 4) Discuss the Sources of Acquiring Knowledge.

III. Answer the following questions :**(3×14= 42 Marks)**

- 5) a) What are Laboratory Experiments? Elaborate on its advantages and disadvantages.

(OR)

- b) Elaborate on the requisites of a Good Sampling and discuss Probability Sampling Methods.

- 6) a) Elaborate on the basic principles of Experimental Research Design.

(OR)

- b) Elaborate the data collection techniques in Qualitative Research.

- 7) a) Discuss the precautions to be followed when writing a Research Report.

(OR)

- b) Elaborate the criteria of a Good Research Design and explain Between Subject Design.

CHOICE BASED CREDIT SYSTEM

M.Sc. PSYCHOLOGY FIRST SEMESTER DEGREE EXAMINATION JANUARY 2023

Statistics in Psychology

Duration:3 Hours

Max Marks:70

I. Answer any SIX of the following : (6×2= 12 Marks)

- What is an Interpolation Method?
- What are one tail and two tail tests?
- How do you interpret the Coefficient of Correlation?
- If you want to compare more than two mean values, which test do you use? Justify.
- When is Kruskal-Wallis Test used?
- Illustrate the concept of Intercept in a diagram.
- Write the characteristics of t distribution.;
- Does the distribution change if raw scores are converted to z scores? Give reasons.

II. Answer any TWO of the following : (2×8= 16 Marks)

- What are Sampling Distribution and Standard Errors? Illustrate the application.
- Illustrate Spearman Rank Correlation.
- What are Measures of Variability? Find the Standard Deviation for the following.
18, 28, 13, 11, 7, 26, 33, 31, 24, 22, 16, 11, 18, 19, 21.

III. Answer the following questions : (3×14= 42 Marks)

- a) Describe the Research Process in detail with an example.

(OR)

- Discuss the logic behind Z-score. Compute the Z-score for the following and give your interpretation. Data: 17, 16, 13, 28, 15, 9, 11, 12, 23, 25.

- a) Write the assumptions, properties, and uses of Pearson's Correlation.

(OR)

- Test the null hypothesis for the scores of Research Aptitude by using a t-test at a 5 % level for the following distribution and interpret the result.

Pre	74	68	41	54	50	90	79	98	37	44	44	24	53	38	41	52	86	48	48	56
Post	85	84	42	56	66	99	103	98	34	37	45	35	58	46	63	61	86	39	73	67

7) a) Discuss the use of computers in statistical analysis and write a note on SPSS.

(OR)

b) Construct the Regression Models for the following data.

<i>X</i>	32	12	54	27	40	23	44	34	20	32
<i>Y</i>	40	43	7	18	28	51	19	36	14	23

CHOICE BASED CREDIT SYSTEM

M.Sc. PSYCHOLOGY THIRD SEMESTER DEGREE EXAMINATION JANUARY 2023

Counselling Psychology

Duration:3 Hours

Max Marks:70

I. Answer any SIX of the following :**(6×2= 12 Marks)**

- a) List the types of Ethics.
- b) Cite two functions of Self Disclosure.
- c) What is Negative Transference?
- d) Mention 5 types of Standardised Tests.
- e) What are Ethnographic Variables?
- f) Define Counselling.
- g) What is Overculturalizing?
- h) List two disadvantages of the Case Study Method.

II. Answer any TWO of the following :**(2×8= 16 Marks)**

- 2) Bring out the steps in creating a Sociogram.
- 3) Describe the nature and values of Reassurance.
- 4) Explain how Self Disclosure and Immediacy helps in Indepth Exploration.

III. Answer the following questions :**(3×14= 42 Marks)**

- 5) a) Elucidate the 8 H qualities proposed by Gladding for an Effective Counsellor.

(OR)

b) Illustrate with adequate examples the general factors that influence the Counselling Process.

- 6) a) Elucidate the general principles, values and uses of Leads.

(OR)

b) Explain Interview and Dairies as an Appraisal Tools for Counselling.

- 7) a) Examine the history of Muticultural Counselling.

(OR)

b) Understanding of Multicultural Issues helps in establishing a trusting relationship.

CHOICE BASED THIRD SEMESTER M.Sc. Psychology DEGREE EXAMINATION
JANUARY 2023
Psychopathology I

Duration:3 Hours

Max Marks:70

I. Answer any SIX of the following :**(6×2= 12 Marks)**

- a). List the emotional factors contributing for mental illness.
- b). What did Kraepelin mean by dementia praecox?
- c). What is hypoactive, hyperactive, and mixed type delirium?
- d). What is cross-gender identification?
- e). What are the psychological vulnerabilities that contribute to adjustment disorder?
- f). Name the behavioral intervention that can help impulse control disorder.
- g). Write the main themes of Jealous type delusion.
- h). Describe the term spike in the OCD context.

II. Answer any TWO of the following :**(2×8= 16 Marks)**

2. Write a note on primary preventive measures of mental health.
3. What is the prognosis of brief psychotic disorder?
4. What are the vulnerability factors for depression?

III. Answer the following questions :**(3×14= 42 Marks)**

- 5 a) Compare and contrast between DSM and ICD classification of Mental disorder.
(OR)
b) Illustrate Schizoaffective Disorder with a case example of a typical pattern.
- 6 a) Explain in detail the stages of dementia.
(OR)
b) Discuss the causal factors and criteria for Histrionic personality disorder.
- 7 a) Enumerate the prevalence, gender, and age of onset of panic disorder with and without agoraphobia.
(OR)
b) Design strategies for preventing or reducing maladaptive responses to stress.

CHOICE BASED CREDIT SYSTEM

M.Sc. PSYCHOLOGY THIRD SEMESTER DEGREE EXAMINATION JANUARY 2023

Psychological Intervention

Duration:3 Hours

Max Marks:70

I. Answer any SIX of the following : (6×2= 12 Marks)

- a) Give an example of pressure and coercion.
- b) What is projection?
- c) What is authenticity?
- d) What is stress inoculation training?
- e) What is coping questioning technique?
- f) Who developed Time-Limited Dynamic Supportive-Expressive Psychotherapy?
- g) Write the difference between counselling and psychotherapy.
- h) Who developed BASIC-ID Modal?

II. Answer any TWO of the following : (2×8= 16 Marks)

- 2) Illustrate Genuineness as a therapeutic condition.
- 3) Illustrate Ventilation.
- 4) Describe how would you use Push Button and Avoid Tar Baby techniques with your clients.

III. Answer the following questions : (3×14= 42 Marks)

- 5) a) Compare and contrast Re-educative and Re-constructive psychotherapies.

(OR)

- b) Critically examine the Jungian psychotherapy in helping the clients to overcome the mental suffering.

- 6) a) Discuss how logotherapy describes, explains and treats mental suffering.

(OR)

- b) Discuss the basic concepts used in cognitive behaviour therapy.

- 7) a) How would you use emotion focused therapy in helping a client?

(OR)

- b) Discuss how externalization of interest is developed in supportive psychotherapy.

CHOICE BASED THIRD SEMESTER M.Sc. Psychology DEGREE EXAMINATION
JANUARY 2023
Health Psychology

Duration:3 Hours

Max Marks:70

I. Answer any SIX of the following :**(6×2= 12 Marks)**

- a). Cite examples of chronic illness.
- b). What is occupational wellbeing?
- c). State 2 barriers of modifying Health Behaviours.
- d). State the meaning of Life Style Rebalancing.
- e). List the three phases of Selye's GAS theory.
- f). What is chronic Strain?
- g). State any two benefits of Exercise on Mental Health.
- h). State 2 examples of accidents at home.

II. Answer any TWO of the following :**(2×8= 16 Marks)**

2. Write a note on risks of obesity.
3. Describe how attitude change can influence health behaviours.
4. What are psychosomatic disorders? Explain how psychosomatic disorders help in understanding illness.

III. Answer the following questions :**(3×14= 42 Marks)**

- 5 a) Elucidate the role of Psychoanalytic contribution to understand health.

(OR)

- b) What are the factors that promote healthy life Style?

- 6 a) What is Coping? Explain the Psychological Resources of Coping.

(OR)

- b) Adequate Sleep Paves wave for Better health - Justify.

- 7 a) Elucidate the physiology of Stress.

(OR)

- b) Elucidate the techniques of CBT Approaches to Health Behaviour Change.