

CHOICE-BASED CREDIT SYSTEM FOURTH SEMESTER M.Sc. DEGREE EXAMINATION,
APRIL 2019

M.Sc. PSYCHOLOGY
BEHAVIOUR MODIFICATION

Time: 3 Hrs

Max. Marks: 70

I Answer any SIX of the following: (6×2=12)

- a) Target behavior
- b) Muscle Spindles
- c) Biofeedback
- d) Premack Principle
- e) Short – Circuiting Contingency
- f) Fogging
- g) Covert Modeling
- h) Habit reversal

II Answer any TWO of the following: (2×8=16)

- 1) Characteristics of Behaviour Modification.
- 2) Components of assertiveness training.
- 3) Procedure of aversion therapy.

III Answer the following questions: (3×14=42)

- 4) a) Trace the historical roots, theoretical basis and application of behaviour modification.

Or

- b) Describe the concept, principals and strategies of self-control technique.

- 5) a) Bring out the purpose, theoretical assumptions and steps involve in systematic desensitization.

Or

- b) Explain the procedures of operant conditioning in reducing problematic/excessive behaviour.

- 6) a) Give a detailed account of role of social learning theory in behaviour modification.

Or

- b) Elucidate the theoretical assumptions and administration procedure of JPMR.

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M. Sc. PSYCHOLOGY

COUNSELLING CHILDREN AND ADOLESCENTS

Time: 3 Hrs

Max. Marks: 70

I Answer any SIX of the following**(6×2=12)**

- a) Delinquents
- b) Educational counselling
- c) Identity confusion
- d) Career
- e) Types of child abuse
- f) Difference between vocation & occupation
- g) Spastics
- h) Anti social Behaviour

II Answer any TWO of the following**(2×8=16)**

1. Theories of career development.
2. Counselling and management of children with mild mental retardation.
3. Counselling the adolescent with substance abuse problem.

III Answer the following questions:**(3×14=42)**

- 4 a) Discuss how a case of school refusal with a history of being bullied can be managed.

Or

- b) Discuss the role of counsellors in pre- school and elementary school settings.

- 5 a) Discuss the gender biases in career choices and issues in career counselling.

Or

- b) Discuss the characteristics and management of internalising problems in adolescents.

- 6 a) Discuss the process & challenges in counselling children infected with HIV/AIDS

Or

- b) Discuss the methods & challenges in counselling the socially disadvantaged children.

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APRIL 2019M. Sc. PSYCHOLOGY
COUNSELLING ADULTS

Time: 3 Hrs

Max. Marks: 70

I Answer any SIX of the following

(6×2=12)

- a) Pretest counselling in HIV/AIDS.
- b) Parasuicide.
- c) Premarital counselling.
- d) Shared confidentiality
- e) PMS
- f) Empty nest syndrome.
- g) Alcoholism
- h) Types of drug addiction.

II Answer TWO of the following

(2×8=16)

1. Need of family counselling in relapse prevention.
2. Process of grief counselling.
3. Counselling the victims of workplace harassments.

III Answer the following questions:

(3×14=42)

4. a) What is addiction? What are the effect of addiction on individual, family and the society?

Or

b) What is crisis counselling? Explain the stages of crisis counselling.

- 5 a) Explain the importance of counselling women with infertility and menopausal Problems.

Or

b) Explain the process of counselling people with terminal illness.

- 6 a) Explain the role of a counsellor in the treatment and rehabilitation of criminals.

Or

b) Define family counselling. Explain the process and challenges of family counselling.