

MPSYH 301

REG.NO.....

CREDIT- BASED THIRD SEMESTER M.Sc. DEGREE EXAMINATION, NOVEMBER 2019

M.Sc. PSYCHOLOGY

COUNSELLING PSYCHOLOGY

Time: 3 Hrs

Max. Marks: 70

I Answer any SIX of the following: (6×2=12)

- a) Structured Autobiography
- b) Beneficence
- c) Cumulative Records
- d) Congruence
- e) Self-Disclosure
- f) S.O.L.E.R
- g) Group Counselling
- h) Immediate Reflection

II Answer any TWO of the following: (2×8=16)

- 1) Emergence of Counselling in India
- 2) Listening in Counselling
- 3) Rating scales as an appraisal technique.

III Answer the following questions: (3×14=42)

4) a) Define counselling. What are the themes and goals of Counselling-Psychology?

Or

b) Enumerate on Egan's model of counselling.

5) a) Discuss the ways of handling transference and counter transference in counselling.

Or

b) Describe how diaries, anecdotes and case study are used to assess clients.

6) a) Enumerate on personal and professional qualities required to be an effective counsellor.

Or

b) Explain structuring, leading and termination strategies in counselling.

M.Sc. PSYCHOLOGY
PSYCHOPATHOLOGY

Time: 3 Hrs

Max. Marks: 70

I Answer any SIX of the following: (6×2=12)

- a) Define mental health
- b) Pseudo-dementia.
- c) Organic amnesic syndrome
- d) Atypical autism
- e) Tics
- f) Free- floating anxiety
- g) Dyssomnias
- h) Grandiosity

II Answer any TWO of the following: (2×8=16)

- 1) Discuss the major classificatory systems of mental disorders.
- 2) Describe the characteristic features of social phobia and its etiological factors.
- 3) Elaborate on the clinical features of cluster B personality disorders.

III Answer the following questions: (3×14=42)

- 4) a) Explain gender identity disorder with its diagnostic guidelines (as per ICD-10) and Clinical features.

Or

- b) Give the Wechsler's classification of IQ and explain the causes of mental retardation.

- 5) a) Write the diagnostic guidelines of obsessive compulsive disorder as per ICD-10, explain its types and discuss the differential diagnosis of it.

Or

- b) Define sexual dysfunction. Explain the clinical features of various sexual disorders.

- 6) a) What are the major and minor symptoms of depression? Elaborate on the etiological factors of depression.

Or

- b) Elucidate the diagnostic guidelines of schizophrenia, list the types and describe the role of expressed emotions in the relapse of schizophrenia.

I Answer any SIX of the following:**(6×2=12)**

- a) Any 4 objectives of psychotherapy.
- b) Prestige suggestion.
- c) Push button technique
- d) Therapeutic goals in narrative therapy.
- e) Types of goals in group therapy.
- f) Scaling questions
- g) Core conditions
- h) BASIC - ID

II Answer any TWO of the following:**(2×8=16)**

1. Stages in stress inoculation training.
2. Techniques in Jungian therapy
3. Contact and resistant to contact.

III Answer the following questions:**(3×14=42)**

- 4) a) Write a note on reconstructive and reeducative therapy.

Or

- b) Explain the key concepts and techniques in psychodrama.

- 5) a) Describe any two expressive therapy.

Or

- b) Explain Bowen's Intergenerational Approach.

- 6) a) Elucidate on person centered therapy.

Or

- b) Explain the techniques in REBT.
